KINGRAY

KINGmag4

Complex of four forms of magnesium

Food supplement

60 capsules • 2 capsules daily • 30 daily servings

Composition per daily serving (2 capsules)

Magnesium form	Compound amount	Elemental magnesium	% NRV
Magnesium L-threonate	250 mg	≈ 36 mg	9.6 %
Magnesium bisglycinate	250 mg	≈ 50 mg	13.3 %
Magnesium malate	250 mg	≈ 37.5 mg	10 %
Magnesium taurate	250 mg	≈ 25 mg	6.7 %
Total	1 000 mg	≈ 148.5 mg	39.6 %

Magnesium amounts are declared on the supplied label. NRV = nutrient reference value; 375 mg for magnesium. Compound weight is not the weight of pure magnesium.

Ingredients

Magnesium L-threonate, magnesium bisglycinate, magnesium malate, magnesium taurate, rice flour. Capsule shell: hydroxypropyl methylcellulose (HPMC).

Recommended use

Adults: 2 capsules daily, preferably with food. Take with plenty of water.

Storage

Store in a cool, dry place, protected from direct sunlight.

Warnings

Do not exceed the recommended daily dose. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children. Not suitable for children or pregnant or breastfeeding women. If you take medication or have a medical condition, consult your doctor before use.

Pack information

60 capsules. Country of origin: India. Distributor: Yalong Trade s.r.o. Best-before date and batch number: see packaging.