KingMind Night

Food supplement | 1 capsule daily in the evening

Content per daily dose - 1 capsule

Ingredient	Amount
Ashwagandha (Withania somnifera), root extract 10:1	60 mg
Valerian (Valeriana officinalis), root extract 10:1	80 mg
Lemon balm (Melissa officinalis), leaf extract 10:1	60 mg
Lavender (Lavandula angustifolia), flower extract 10:1	50 mg
L-theanine (Camellia sinensis, tea leaf extract 10:1)	50 mg
L-tryptophan	200 mg
Piperine (black pepper extract, Piper nigrum L., 95%)	5 mg

Nutrient reference values have not been established for the listed substances.

Additional ingredient: Rice flour.

Recommended use

Take 1 capsule daily in the evening with plenty of water.

Warnings

Do not exceed the recommended daily dose. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of children. Not suitable for children, pregnant or breastfeeding women.