

Collagen Gold Retinol

12 500 mg

Liquid food supplement • 500 ml • 20 daily servings

Each 25 ml daily serving contains 12,500 mg of hydrolysed type I and III fish collagen, 800 µg of vitamin A as retinol and 50 mg of hyaluronic acid. Berry flavour. Sugar free, with sweeteners.

Ingredients per 25 ml daily serving

Ingredient	Amount	% NRV
Vitamin A (retinol)	800 µg	100 %
Vitamin C	120 mg	150 %
Vitamin B5	12 mg	200 %
Biotin (B7)	5,000 µg	10 000 %
Vitamin D3	60 µg	1 200 %
Zinc	10 mg	100 %
Selenium	27.5 µg	50 %
Silicon dioxide	50 mg	*
MSM	200 mg	*
Hyaluronic acid	50 mg	*
Hydrolysed type I and III fish collagen	12,500 mg	*

NRV = nutrient reference value. * NRV not established.

Vitamins and skin

Vitamin A contributes to the maintenance of normal skin. Vitamin C contributes to normal collagen formation for the normal function of skin. A varied, balanced diet and a healthy lifestyle are important.

Collagen Gold Retinol | 500 ml

Ingredients

Multi-filtered water, hydrolysed type I and III **fish** collagen, acidity regulator (citric acid), MSM (methylsulfonylmethane), vitamin C, silicon dioxide, zinc, sodium hyaluronate, colour (sweet potato powder), vitamin D3, preservatives (potassium sorbate, sodium benzoate), natural flavouring, vitamin B5, sweeteners (steviol glycosides, sucralose, acesulfame K), vitamin A, emulsifier (xanthan gum), biotin, selenium.

Allergens and sweeteners

Contains fish. Contains sweeteners: steviol glycosides, sucralose and acesulfame K. The manufacturer describes the product as sugar free; the specification does not state the exact sugar content.

Recommended intake

25 ml daily. One bottle provides 20 daily servings. Follow the label instructions and do not exceed the recommended daily intake.

Warnings

Do not use during pregnancy: contains retinol. Consult your doctor before use if breastfeeding or if you have a medical condition. Before laboratory tests, tell your healthcare provider that you take biotin (5,000 µg daily), which may interfere with certain test results. Do not use if allergic to any ingredient. Discontinue use if adverse reactions occur. Not a substitute for a varied and balanced diet. Keep out of the reach of young children.

Storage

Store in a cool place away from sunlight. Refrigerate after opening and use within 2 months.

Manufacturer

Swedish Nutra, Lodgatan 19, 211 24 Malmö, Sweden

Product information sheet. Based on manufacturer specification no. 2534 dated 12 June 2025. Does not replace the product label.