KingWoman Vitality

Food supplement | Composition and directions for use

Contents per daily dose - 2 capsules

Ingredient	Amount	% NRV*
Turmeric (Curcuma longa L.), root extract, 95% curcuminoids	100 mg	-
Black pepper (Piper nigrum L.), extract, ≥ 95% piperine	5 mg	-
Green tea (Camellia sinensis L.), leaf extract, 50% EGCG	150 mg	-
Grape skins (Vitis vinifera L.), extract containing resveratrol	100 mg	-
Coenzyme Q10 (ubiquinol, reduced form)	60 mg	-
Algal oil powder, source of omega-3 (DHA/EPA)	250 mg	-
Vitamin D3 (cholecalciferol from lichen)	25 µg / 1 000 IU	500 %
Vitamin K2 (menaquinone-7, MK-7)	50 µg	67 %
Zinc (zinc citrate)	7.5 mg	75 %
Selenium (L-selenomethionine)	55 µg	100 %

NRV = nutrient reference value for adults. - = NRV not established. 150 mg of green tea extract provides 75 mg EGCG. The amounts of grape extract and the algal ingredient refer to the raw ingredients; individual amounts of resveratrol, DHA and EPA are not stated.

Other ingredient: rice flour.

Recommended use

Adults: take 2 capsules daily with food and plenty of water. Do not take on an empty stomach.

Warnings

Do not exceed the recommended daily dose of 2 capsules. The daily dose contains 75 mg EGCG. Do not consume other products containing green tea on the same day. Do not consume 800 mg or more of EGCG from green tea per day. Not suitable for people under 18, pregnant or breastfeeding women.

Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children. Consult a doctor before use if you take medication, particularly medicines affecting blood clotting, or have a medical condition. Do not use if allergic to any ingredient.

Pack: 120 capsules / 60 daily doses.