KingOptiBrain

Food supplement | 60 capsules | 2 capsules daily

Composition per daily dose - 2 capsules

Ingredient	Amount	% NRV*
Citicoline (CDP-choline)	250 mg	-
Brewer’s yeast extract (Saccharomyces cerevisiae)	200 mg	-
Acetyl-L-carnitine hydrochloride	120 mg	-
Alpha-lipoic acid	100 mg	-
Phosphatidylserine from SOYA	100 mg	-
Curcumin (phytosome; Curcuma longa L., rhizome)	60 mg	-
Green tea leaf extract (Camellia sinensis), standardised for EGCG	80 mg	-
Pantothenic acid (calcium D-pantothenate)	6 mg	100 %
Zinc (zinc bisglycinate)	6 mg	60 %
Vitamin B6 (pyridoxal-5′-phosphate)	2 mg	143 %
Folate (5-MTHF, glucosamine salt)	300 µg	150 %
Vitamin B12 (methylcobalamin)	50 µg	2 000 %
Vitamin D3 (cholecalciferol)	25 µg (1 000 IU)	500 %

* NRV = nutrient reference value. - = not established. Excipient: rice flour. Capsule shell: hydroxypropyl methylcellulose (HPMC). Allergen: SOYA.

Directions and warnings

Adults: take 2 capsules daily with food and plenty of water. Maximum 1 daily portion (2 capsules). Do not consume on an empty stomach.

Do not exceed the recommended daily dose. Do not consume on the same day as other products containing green tea. Do not consume 800 mg of EGCG or more per day. Not suitable for people under 18, pregnant or breastfeeding women. Consult a doctor before use if you take medicines, especially anticoagulants or hormone therapy, or have a medical condition. Do not use if allergic to soya. Food supplements must not replace a varied and balanced diet or a healthy lifestyle. Keep out of reach of young children.

Storage and pack information

Storage: store in a cool, dry place, protected from direct sunlight.

Pack: 60 capsules, 30 daily doses. Country of origin: India.

Distributor: Yalong Trade s.r.o. M. Bodického 1517/14, 050 01 Revúca, Slovakia.