KINGRAY

KINGmetaFIT

Food supplement

120 capsules • 2 capsules daily • 60 days

Composition per daily serving: 2 capsules

Ingredient	Form / source	Amount	% NRV
Berberine HCl	–	320 mg	–
Myo-inositol	–	130 mg	–
Cinnamon extract	Cinnamomum verum, 10 : 1 extract	100 mg	–
Choline	Bitartrate	100 mg	–
Magnesium	Magnesium bisglycinate	100 mg	27 %
Alpha-lipoic acid (ALA)	–	80 mg	–
Gymnema	Gymnema sylvestre extract; 75 % gymnemic acids	50 mg	–
Coenzyme Q10	–	50 mg	–
Zinc	Zinc citrate	10 mg	100 %
Iron	Ferrous bisglycinate	10 mg	71 %
Niacin (vitamin B3)	–	16 mg	100 %
Pantothenic acid (vitamin B5)	–	6 mg	100 %
Manganese	–	2 mg	100 %
Copper	–	1 mg	100 %
Thiamin (vitamin B1)	–	1,1 mg	100 %
Riboflavin (vitamin B2)	–	1,4 mg	100 %
Vitamin B6	–	1,4 mg	100 %
Piperine	Piper nigrum L., black pepper extract	4 mg	–
Chromium	Chromium picolinate	60 µg	150 %
Folate (vitamin B9)	Calcium L-methylfolate	200 µg	100 %
Iodine	Kelp extract	150 µg	100 %
Vitamin B12	Methylcobalamin	2,5 µg	100 %
Biotin (vitamin B7)	–	50 µg	100 %
Molybdenum	–	50 µg	100 %
Colloidal silicon dioxide (SiO_2)	–	10 µg	–
Excipients	Rice flour	–	–
Capsule	Hydroxypropyl methylcellulose (HPMC)	–	–

NRV = nutrient reference value for adults. – = NRV not established.

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Recommended use

Take 2 capsules daily with plenty of water.

Storage

Store in a cool, dry place, protected from direct sunlight.

Warnings

Do not exceed the recommended daily dose.

Food supplements must not be used as a substitute for a varied and balanced diet. A healthy lifestyle is important.

Not suitable for children or pregnant or breastfeeding women. Keep out of reach of young children.

If you take medication, particularly for diabetes or medication affecting blood clotting, consult your doctor before use. Berberine may affect the action of medicines.

Consult your doctor before use if you have a thyroid condition or an iron storage disorder.

Do not use if allergic to any ingredient. This product does not replace prescribed treatment.

Pack information

120 capsules. 60 daily servings. Made in India. Importer: Yalong Trade s.r.o. Seller: Kingray s.r.o.