Swedish **Nutra**
#1 NORDIC SUPPLEMENT PRODUCER

Product Specification

Ingredients list for Swedish Collagen - Collagen Max
Packaging: 500ml, 20 pack & 30 pack
Article Number: 2672, 2673 & 2674
Dose: 25 ml
Age: From 18 years
Flavour: Natural Apple Flavour
Form: Liquid
Supply: 20 Days Supply & 30 Days Supply

Active Ingredient	25 ml Dose	%NRV
Vitamin C (L-Ascorbic acid)	120 mg	150%
Vitamin B5 (D-Calcium Pantothenate)	50 mg	833%
Vitamin B6 (Pyridoxine HCL)	1.4 mg	100%
Vitamin B7 (D-Biotin)	5000 µg	10 000%
Vitamin B12 (Methylcobalamin)	7.5 µg	300%
Vitamin D3 (Cholecalciferol)	25 µg	500%
Selenium (Sodium Selenite)	55 µg	100%
Zinc (Zinc Gluconate)	10 mg	100%
MSM (Methylsulfonylmethane)	125 mg	**
Detox Skin Cleanse Green Tea Extract Aloe Vera Citrus Bioflavonoids	**100 mg** 35 mg 35 mg 30 mg	** Leaf Camellia sinensis ** Leaf Curaçao aloe ** Fruit, Peel, Citrus reticulata **
Elastin	50 mg	**
Hyaluronic acid (Sodium Hyaluronate)	150 mg	**
Hydrolyzed Marine Collagen (Fish)	15 000 mg	**

Ingredients: Multi-filtered water, ***hydrolyzed Fish collagen type 1 & 3*** (contains the amino acids: L-glycine, L-proline, L-alanine, L-hydroxyproline, L-glutamic acid, L-arginine, L-aspartic acid, L-serine, L-lysine, L-leucine, L-valine, L-threonine, L-phenylalanine, L-isoleucine, L-hydroxylysine, L-methionine, L-histidine, L-tyrosine, L-cysteine), acidity regulator (malic acid, citric acid, ascorbic acid, phosphoric acid), sodium hyaluronate, methylsulfonylmethane, vitamin C, zinc, Vitamin B5, elastin, green tea extract, aloe vera, citrus bioflavonoids, flavour (natural aroma), preservatives (potassium sorbate, sodium benzoate), sweeteners (steviol glycosides, ace-K, sucralose), vitamin D3, biotin, Vitamin B6, selenium, Vitamin B12. 100% Natural flavour and Natural Colour.

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EFSA Claims

Vitamin C

- Vitamin C contributes to maintain the normal function of the immune system during and after intense physical exercise
- Vitamin C contributes to normal collagen formation for the normal function of blood vessels
- Vitamin C contributes to normal collagen formation for the normal function of bones
- Vitamin C contributes to normal collagen formation for the normal function of cartilage
- Vitamin C contributes to normal collagen formation for the normal function of gums
- Vitamin C contributes to normal collagen formation for the normal function of skin
- Vitamin C contributes to normal collagen formation for the normal function of teeth
- Vitamin C contributes to normal energy-yielding metabolism
- Vitamin C contributes to normal functioning of the nervous system

Vitamin B5 (Pantothenic acid)

- Pantothenic acid contributes to normal energy-yielding metabolism
- Pantothenic acid contributes to normal mental performance
- Pantothenic acid contributes to normal synthesis and metabolism of steroid
- hormones, vitamin D and some neurotransmitters
- Pantothenic acid contributes to the reduction of tiredness and fatigue

Vitamin B7 (Biotin)

- Biotin contributes to normal energy-yielding metabolism
- Biotin contributes to normal functioning of the nervous system
- Biotin contributes to normal macronutrient metabolism
- Biotin contributes to normal psychological function
- Biotin contributes to the maintenance of normal hair
- Biotin contributes to the maintenance of normal mucous membranes
- Biotin contributes to the maintenance of normal skin

Vitamin D

- Vitamin D contributes to normal absorption/utilization of calcium and phosphorus
- Vitamin D contributes to normal blood calcium levels
- Vitamin D contributes to the maintenance of normal bones
- Vitamin D contributes to the maintenance of normal muscle function
- Vitamin D contributes to the maintenance of normal teeth
- Vitamin D contributes to the normal function of the immune system
- Vitamin D has a role in the process of cell division

Zinc

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- Zinc contributes to normal DNA synthesis
- Zinc contributes to normal acid-base metabolism
- Zinc contributes to normal carbohydrate metabolism
- Zinc contributes to normal cognitive function
- Zinc contributes to normal fertility and reproduction
- Zinc contributes to normal macronutrient metabolism
- Zinc contributes to normal metabolism of fatty acids
- Zinc contributes to normal metabolism of vitamin A
- Zinc contributes to normal protein synthesis
- Zinc contributes to the maintenance of normal bones
- Zinc contributes to the maintenance of normal hair
- Zinc contributes to the maintenance of normal nails
- Zinc contributes to the maintenance of normal skin
- Zinc contributes to the maintenance of normal testosterone levels in the blood
- Zinc contributes to the maintenance of normal vision
- Zinc contributes to the normal function of the immune system
- Zinc contributes to the protection of cells from oxidative stress
- Zinc has a role in the process of cell division

Selenium

- Selenium contributes to normal spermatogenesis
- Selenium contributes to the maintenance of normal hair
- Selenium contributes to the maintenance of normal nails
- Selenium contributes to the normal function of the immune system
- Selenium contributes to the normal thyroid function
- Selenium contributes to the protection of cells from oxidative stress

Notes:

Sugar Free.

Non-GMO and free from wheat, gluten, soya, egg, nuts and milk.

Storage: Store in a dry, cool place, protected from sunlight. After opening, refrigerate and consume within 2 months. Keep out of reach of children.

Warnings: If you have any medical conditions or if you are pregnant or nursing, consult with your healthcare provider prior to use. Discontinue use if any adverse reactions occur. Health supplements should not replace a varied diet. Do not exceed the recommended dose.
Contains Sweeteners.

Caffeine (4 mg per dose). This product contains **5 mg of (-)-epigallocatechin-3-gallate (EGCG) per**

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dose from green tea. The daily intake should not exceed 800 mg of EGCG. Should not be consumed if you are also taking other products containing green tea on the same day. Should not be consumed by pregnant or breastfeeding women or children under 18 years of age

Allergen Warning: Contains ingredients from fish.

Swedish Nutra
Malmö, Sweden,
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