Swedish **Nutra**
#1 NORDIC SUPPLEMENT PRODUCER

Product Specification

Ingredients List for Swedish Collagen - Collagen Meno
Packaging: 500 ml
Article number: 2635
Flavor: Orange Flavor
Dose: 25 ml
Age: From 18 years
Form: Liquid
Supply: 20-day supply

Active Ingredient	25 ml Dose	%NRV
Vitamin A (Retinyl Acetate)	800 µg RE	100%
Vitamin B1 (Thiamine HCL)	1.1 mg	100%
Vitamin B2 (Riboflavin)	1.4 mg	100%
Vitamin B3 (Niacinamide)	16 mg	100%
Vitamin B5 (D-Calcium Pantothenate)	6 mg	100%
Vitamin B6 (Pyridoxine HCL)	5 mg	357%
Vitamin B7 (Biotin)	50 µg	100%
Vitamin B9 (Folic acid)	200 µg	100%
Vitamin B12 (Methylcobalamin)	10 µg	400%
Vitamin C (L-Ascorbic acid)	80 mg	100%
Vitamin D3 (Cholecalciferol)	15 µg	300%
Vitamin E (DL-Alpha Tocopheryl Acetate)	12 mg TE	100%
Vitamin K2 (Menaquinone)	75 µg	100%
Zinc (As Gluconate)	10 mg	100%
Magnesium (As Gluconate, Bisglycinate)	57 mg	15%
Selenium (Sodium Selenite)	55 µg	100%
Paba (4-Aminobenzoic acid)	50 mg	**
Hyaluronic acid (Sodium Hyaluronate)	100 mg	**
Elastin	50 mg	**
Inositol	15 mg	**
COQ10 (Ubiquinone)	5 mg	**
Astaxanthin	2 mg	**

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Balance Blend:	**970 mg:**	**Source:**
Dong Quai (Angelica sinensis)	2 mg	Root**
Red Clover Extract (Trifolium pratense)	2 mg	Aerial part**
Evening primrose (Oenothera biennis)	2 mg	Seeds, **
Ashwagandha powder	2 mg	Root **
Soy isoflavones powder	2 mg	Soya bean**
Maca Root (Lepidium meyenii)	2 mg	Root**
Gluconic Acid	958 mg	Calcium & Magnesium**
Hydrolyzed Collagen (Marine)	12 000 mg	**

Ingredients: Multi-filtered water, ***hydrolyzed fish collagen type 1 & 3*** (Pure Peptide hydrolyzed collagen contains the amino acids: L-glycine, L-proline, L-alanine, L-hydroxyproline, L-glutamic acid, L-arginine, L-aspartic acid, L-serine, L-lysine, L-leucine, L-valine, L-threonine, L-phenylalanine, L-isoleucine, L-hydroxylysine, L-methionine, L-histidine, L-tyrosine, L-cysteine), acidity regulator (citric acid, malic acid), magnesium, vitamin C, sodium hyaluronate, zinc, vitamin E, preservatives (potassium sorbate, sodium benzoate), paba (4-aminobenzoic acid), elastin, flavour (natural aroma), sweetener (sucralose, ace K, steviol glycosides), vitamin B3, inositol, vitamin A, vitamin B5, vitamin B6, vitamin D3, vitamin K2, coenzyme Q10, astaxanthin, dong quai, red clover extract, evening primrose, ashwagandha, ***soy isoflavones***, maca root, vitamin B2, vitamin B1, folic acid, selenium, biotin, vitamin B12. 100% Natural Flavour & Natural Colour.

EFSA Claims

Vitamin B1 (Thiamine)

- Thiamine contributes to normal energy-yielding metabolism
- Thiamine contributes to normal functioning of the nervous system
- Thiamine contributes to normal psychological function
- Thiamine contributes to the normal function of the heart

Vitamin B2 (Riboflavin)

- Riboflavin contributes to normal energy-yielding metabolism
- Riboflavin contributes to normal functioning of the nervous system
- Riboflavin contributes to the maintenance of normal mucous membranes
- Riboflavin contributes to the maintenance of normal red blood cells
- Riboflavin contributes to the maintenance of normal skin
- Riboflavin contributes to the maintenance of normal vision
- Riboflavin contributes to the normal metabolism of iron
- Riboflavin contributes to the protection of cells from oxidative stress
- Riboflavin contributes to the reduction of tiredness and fatigue

Vitamin B6

Product Specification

- Vitamin B6 contributes to normal cysteine synthesis
- Vitamin B6 contributes to normal energy- yielding metabolism
- Vitamin B6 contributes to normal functioning of the nervous system
- Vitamin B6 contributes to normal homocysteine metabolism
- Vitamin B6 contributes to normal protein and glycogen metabolism
- Vitamin B6 contributes to normal psychological function
- Vitamin B6 contributes to normal red blood cell formation
- Vitamin B6 contributes to the normal function of the immune system
- Vitamin B6 contributes to the reduction of tiredness and fatigue
- Vitamin B6 contributes to the regulation of hormonal activity

Vitamin B7 (Biotin)

- Biotin contributes to normal energy-yielding metabolism
- Biotin contributes to normal functioning of the nervous system
- Biotin contributes to normal macronutrient metabolism
- Biotin contributes to normal psychological function
- Biotin contributes to the maintenance of normal hair
- Biotin contributes to the maintenance of normal mucous membranes
- Biotin contributes to the maintenance of normal skin
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Vitamin B12

- Vitamin B12 contributes to normal energy- yielding metabolism
- Vitamin B12 contributes to normal functioning of the nervous system
- Vitamin B12 contributes to normal homocysteine metabolism
- Vitamin B12 contributes to normal psychological function
- Vitamin B12 contributes to normal red blood cell formation
- Vitamin B12 contributes to the normal function of the immune system
- Vitamin B12 contributes to the reduction of tiredness and fatigue
- Vitamin B12 has a role in the process of cell division

Vitamin C

- Vitamin C contributes to maintain the normal function of the immune system during and after intense physical exercise
- Vitamin C contributes to normal collagen formation for the normal function of blood vessels
- Vitamin C contributes to normal collagen formation for the normal function of bones
- Vitamin C contributes to normal collagen formation for the normal function of cartilage.
- Vitamin C contributes to normal collagen formation for the normal function of gums
- Vitamin C contributes to normal collagen formation for the normal function of skin
- Vitamin C contributes to normal collagen formation for the normal function of teeth
- Vitamin C contributes to normal energy-yielding metabolism
- Vitamin C contributes to normal functioning of the nervous system

Product Specification

- Vitamin C contributes to normal psychological function
- Vitamin C contributes to the normal function of the immune system
- Vitamin C contributes to the protection of cells from oxidative stress
- Vitamin C contributes to the reduction of tiredness and fatigue
- Vitamin C contributes to the regeneration of the reduced form of vitamin E
- Vitamin C increases iron absorption

Magnesium

- Magnesium contributes to a reduction of tiredness and fatigue
- Magnesium contributes to electrolyte balance
- Magnesium contributes to normal energy yielding metabolism
- Magnesium contributes to normal functioning of the nervous system
- Magnesium contributes to normal muscle function
- Magnesium contributes to normal protein synthesis
- Magnesium contributes to normal psychological function
- Magnesium contributes to the maintenance of normal teeth
- Magnesium has a role in the process of cell division
- Manganese contributes to the maintenance of normal bones
- Manganese contributes to the normal formation of connective tissue
- Manganese contributes to the protection of cells from oxidative stress

Zinc

- Zinc contributes to normal DNA synthesis
- Zinc contributes to normal acid-base metabolism
- Zinc contributes to normal carbohydrate metabolism
- Zinc contributes to normal cognitive function
- Zinc contributes to normal fertility and reproduction
- Zinc contributes to normal macronutrient metabolism
- Zinc contributes to normal metabolism of fatty acids
- Zinc contributes to normal metabolism of vitamin A
- Zinc contributes to normal protein synthesis
- Zinc contributes to the maintenance of normal bones
- Zinc contributes to the maintenance of normal hair
- Zinc contributes to the maintenance of normal nails
- Zinc contributes to the maintenance of normal skin
- Zinc contributes to the maintenance of normal testosterone levels in the blood
- Zinc contributes to the maintenance of normal vision
- Zinc contributes to the normal function of the immune system
- Zinc contributes to the protection of cells from oxidative stress
- Zinc has a role in the process of cell division

Notes:

Product Specification

Sugar Free.

Non-GMO and free from wheat, gluten, egg, nuts and milk.

Storage: Store in a dry, cool place, protected from sunlight. After opening, refrigerate and consume within 2 months. Keep out of reach of children.

Warnings: If you have any medical conditions or if you are pregnant or nursing, consult with your healthcare provider prior to use. Discontinue use if any adverse reactions occur. Health supplements should not replace a varied diet. Do not exceed the recommended dose.
Contains Sweeteners.

Allergen Warning: Contains ingredients from fish and soy.

Swedish Nutra
Malmö, Sweden,
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Prepared By: PW
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