Swedish **Nutra**
#1 NORDIC SUPPLEMENT PRODUCER

Product Specification

Ingredients list for Joint Support Pro
Packaging: 500 ml
Article number: 2533
Dose: 15 ml
Age: From 18 years
Flavour: Natural Berry Flavour
Form: Liquid.
Supply: 33 Days Supply.

Active Ingredient	15 ml Dose	%NRV
Vitamin C (Ascorbic acid)	120 mg	150%
Vitamin B12 (Methylcobalamin)	5 µg	200%
Vitamin D3 (Cholecalciferol)	15 µg	300%
Herbs Blend: Turmeric Powder Green Tea Powder	**20 mg** 10 mg 10 mg	** Root, Stem Curcuma longa ** Leaf Camellia sinensis **
Joint Blend: Hydrolyzed Collagen type 1, 2, 3 Methylsulfonylmethane (MSM) Chondroitin Sulfate Glucosamine Sulfate	**6450 mg** 5700 mg 250 mg 250 mg 250 mg	**
Probiotics Health (Vegan): Microencapsulated Bifidobacterium lactis Microencapsulated Lactobacillus acidophilus Microencapsulated Lactobacillus plantarum Microencapsulated Lactobacillus salivarius	1 Billion CFU	**
Intestinal Support (Vegan L-Glutamine)	50 mg	**

Ingredients: Multi-filtered water, hydrolyzed collagen type 1, 2 & 3 (contains the amino acids: L-glycine, L-proline, L-alanine, L-hydroxyproline, L-glutamic acid, L-arginine, L-aspartic acid, L-serine, L-lysine, L-leucine, L-valine, L-threonine, L-phenylalanine, L-isoleucine, L-hydroxylysine, L-methionine, L-histidine, L-tyrosine, L-cysteine), acidity regulator (malic acid, citric acid), chondroitin sulfate, msm: methylsulfonylmethane, glucosamine, vitamin C, L-glutamine, purple potato extract, flavour (natural berry), preservatives (potassium sorbate, sodium benzoate), turmeric powder, green tea powder, vitamin D, sweetener (steviol glycosides, sucralose), emulsifier (xanthan gum), vegan bifidobacterium lactis, vegan lactobacillus acidophilus, vegan lactobacillus plantarum, vegan lactobacillus salivarius, vitamin B12. 100% Natural Flavour and Colour.

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EFSA Claims

Vitamin C

- Vitamin C contributes to maintain the normal function of the immune system during and after intense physical exercise
- Vitamin C contributes to normal collagen formation for the normal function of blood vessels
- Vitamin C contributes to normal collagen formation for the normal function of bones
- Vitamin C contributes to normal collagen formation for the normal function of cartilage
- Vitamin C contributes to normal collagen formation for the normal function of gums
- Vitamin C contributes to normal collagen formation for the normal function of skin
- Vitamin C contributes to normal collagen formation for the normal function of teeth
- Vitamin C contributes to normal energy-yielding metabolism
- Vitamin C contributes to normal functioning of the nervous system
- Vitamin C contributes to normal psychological function
- Vitamin C contributes to the normal function of the immune system
- Vitamin C contributes to the protection of cells from oxidative stress
- Vitamin C contributes to the reduction of tiredness and fatigue
- Vitamin C contributes to the regeneration of the reduced form of vitamin E
- Vitamin C increases iron absorption

Vitamin B12

- Vitamin B12 contributes to normal energy- yielding metabolism
- Vitamin B12 contributes to normal functioning of the nervous system
- Vitamin B12 contributes to normal homocysteine metabolism
- Vitamin B12 contributes to normal psychological function
- Vitamin B12 contributes to normal red blood cell formation
- Vitamin B12 contributes to the normal function of the immune system
- Vitamin B12 contributes to the reduction of tiredness and fatigue
- Vitamin B12 has a role in the process of cell division

Vitamin D

- Vitamin D contributes to normal absorption/utilization of calcium and phosphorus
- Vitamin D contributes to normal blood calcium levels
- Vitamin D contributes to the maintenance of normal bones
- Vitamin D contributes to the maintenance of normal muscle function
- Vitamin D contributes to the maintenance of normal teeth
- Vitamin D contributes to the normal function of the immune system
- Vitamin D has a role in the process of cell division

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Notes:

Swedish Nutra Vegan Probiotics, vegan bifidobacterium lactis, vegan lactobacillus acidophilus, vegan lactobacillus plantarum, vegan lactobacillus salivarius, are microencapsulated to survive the intestinal gastric acids to reach the small intestine and colonize for appropriate support of immune health, prevention and management of several gastrointestinal disorders and are tyndallized for stability.

Sugar Free.

Non-GMO and free from wheat, gluten, soya, egg, nuts and milk.

Storage: Store in a dry, cool place, protected from sunlight. After opening, refrigerate and consume within 2 months. Keep out of reach of children.

Warnings: If you have any medical conditions, consult with your healthcare provider prior to use. Discontinue use if any adverse reactions occur. Health supplements should not replace a varied diet. Do not exceed the recommended dose.
Contains Sweeteners.

Caffeine (1 mg per dose). This product contains 2 mg of (-)-epigallocatechin-3-gallate (EGCG) per dose from green tea. The daily intake should not exceed 800 mg of EGCG. Should not be consumed if you are also taking other products containing green tea on the same day. Should not be consumed by pregnant or breastfeeding women or children under 18 years of age.

Hydrolyzed Collagen
Type 1: 92.2%
Type 2: 5%
Type 3: 2.8%

Swedish Nutra
Malmö, Sweden,
13 March 2026