FOOD SUPPLEMENT

KING Iron Liposomal

Liposomal iron with vitamins C, B12 and folate

1 capsule daily

Content per daily dose - 1 capsule

Ingredient	Amount	% NRV*
Liposomal iron ingredient	110 mg	-
of which elemental iron	≈ 11 mg	79 %
Vitamin C (L-ascorbic acid)	80 mg	100 %
Folate (5-MTHF, calcium salt)	200 µg	100 %
Vitamin B12 (methylcobalamin)	25 µg	1 000 %

* NRV = nutrient reference value for adults. - = NRV not established.

Excipients

Rice flour. Capsule shell: hydroxypropyl methylcellulose (HPMC, plant-based shell).

Recommended use

Take 1 capsule daily, preferably with food, and swallow with water.

Warnings

Do not exceed the recommended daily dose. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children. Not suitable for children or pregnant or breastfeeding women. If you take medication, especially medication affecting blood formation or thyroid function, or have a medical condition, consult a doctor before use. This product contains iron - excessive intake may cause gastrointestinal irritation. Not suitable for people with haemochromatosis.

Storage

Store in a cool, dry place, protected from direct sunlight.

Pack information

Pack size: 120 capsules / 120 daily doses.
Country of origin: India. Distributor: Yalong Trade s.r.o.
Best before and batch number: see packaging.